



All medical assessments are carried out by experienced healthcare professionals in our comfortable and well-equipped medical suite.

Our Medical services are available to be booked while on course at ODITC-3t EnerMech or as a stand-alone appointment.



ODITC
Medical Services



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OEUK (OGUK) Medicals

An OGUK/OEUK Offshore Medical covers a range of topics essential under OGUK/OEUK requirements including;

1. Comprehensive Medical History
2. Urinalysis
3. Calculation of Body Mass Index (BMI)
4. Visual Acuity (Near/Farsighted) and Ishihara (colour blindness)
5. Vital signs (e.g. pulse, respiration rate, blood pressure measurement, temperature)
6. Lung function test (specifically PEF- Peak Expiratory Flow & FEV- Forced Expiratory Volume)
7. Audiometry (hearing test)
8. Physical examination
9. Additional examination/ tests that may be required to clarify clinical findings.

Tuberculosis Test - QuantiFERON

QuantiFERON-TB (QFT) is a simple blood test that aids in the detection of Mycobacterium tuberculosis, the bacteria which causes tuberculosis (TB).

TB - Skin Test

The TB skin test is also called the Mantoux tuberculin skin test (TST). A TB skin test requires two visits with a healthcare provider. On the first visit the Tuberculin is inoculated under the individual's skin on the lower part of the arm; on the second visit, the health care provider reads the test if any changes or swelling on site of injection. A person given the tuberculin skin test must return within 48 to 72 hours to have a trained healthcare worker observe for any reaction on the arm.

Alcohol Testing

Alcohol tests measure the amount of alcohol in a person's body, either currently or in the past. We will be utilizing a Breathalyzer to detect alcohol metabolites which provides immediate results.

Drug Screening

Drug testing can be used for a variety of reasons. Drug tests require the supply of a urine sample on the day and the sample can be tested immediately for results. Results can be provided directly to the donor and/or can be provided in confidence to an approved company contact.

Supply of a urine sample in the presence of a health professional. Sample can be tested on site for the presence of 12 various drugs.

Audiometry (Hearing) Test

An audiometry evaluation is a painless, noninvasive hearing test that measures a person's ability to hear different sounds, pitches, or frequencies. The audiometry tests are conducted in a quiet soundproof room. Headphones will be placed on your head. You will be asked to sit still and not talk. The headphones are connected to a machine that will deliver the tones and different sounds of speech to your ears, one ear at a time. When the individual hears a sound they will press the button on the probe. After the test a report will be generated.

Chester Step Test

The Chester Step test is a tried and tested means of gauging the fitness of an individual by measuring the heart's ability to recover from exertion. The test is often required by personnel who have been nominated by a company or sponsor to complete a fitness test for their job role.

A Chester Step Test involves stepping onto and off a 30 cm/12-inch step at the rate set by a metronome. During this test, your heart rate will be monitored and results will be plotted on a graph providing aerobic capacity and fitness. The test includes;

1. Consultation with a health professional
2. Completion of the Chester Step Test
3. Report compiled on the test findings

Pre-Employment Medical

"Fit to work" or "fitness to work" is a medical assessment done when an employer wishes to be sure an employee can safely carry out a specific job or task. The purpose is to determine if medically the employee can perform the job or task under the working conditions. Fit to work assessments are most often done to determine medical fitness after an illness or injury, but are sometimes done after employment has been offered, as requested by the employer, or as a condition of a job transfer. What is usually done but not limited to can be found below:

- Comprehensive Medical History
- Vital signs (e.g. temperature, pulse rate, respiration rate, blood pressure)
- Calculation of body mass index
- Vision test (Near/far sighted and color blindness)
- Physical examination
- Urinalysis
- Additional examination/ tests after clinical findings
- Any additional test if requested by client/company

